

West Berkshire Neurological Alliance
Income and Expenditure Account for the year ended 5th April 2009

	2009	2008
Income		
2007 Conference income:		
Grant - Greenham Common Trust	-	1,000.00
Delegate fees	-	6,860.00
Stand rental	-	800.00
	<u> </u>	<u> </u>
	-	8,660.00
2009 Conference income:		
Grant - Greenham Common Trust	-	1,500.00
	<u> </u>	<u> </u>
	-	1,500.00
Nurse Fund income:		
British Polio Fellowship	-	1,000.00
MNDA 50% contributions	3,500.00	-
West Berkshire PCT	-	16,808.70
	<u> </u>	<u> </u>
	3,500.00	17,808.70
Gym Study income:		
MS Society contribution	-	1,333.00
	<u> </u>	<u> </u>
	-	1,333.00
Active Therapies income:		
Startup donations	-	300.00
Pool / gym founders shares	-	200.00
Donations	5,000.00	-
	<u> </u>	<u> </u>
	5,000.00	500.00
Grants:		
CCB	150.00	100.00
	<u> </u>	<u> </u>
	150.00	100.00
Donations	1,070.49	91.57
Fundraising	1,840.64	1,337.50
Interest received	574.38	1,400.97
Membership fees	295.00	70.00
Nationwide Merger Bonus	-	1,000.00
Total income	<u>12,430.51</u>	<u>33,801.74</u>

West Berkshire Neurological Alliance
Income and Expenditure Account for the year ended 5th April 2009 (cont'd)

	2009	2008
Expenditure		
2007 Conference expenditure:		
Equipment hire	-	1,251.38
Honoraria	-	2,090.00
Postage	-	118.55
Printing and stationery	-	183.26
Speakers' expenses	-	134.15
Venue hire	-	7,000.00
	<u>-</u>	<u>10,777.34</u>
2009 Conference expenditure:		
Venue hire	250.00	-
	<u>250.00</u>	<u>-</u>
Nurse Fund expenditure:		
Salary	-	27,439.66
Expenses	160.38	2,102.39
Purchase of equipment	40.00	462.50
Impact Study	7,000.00	-
	<u>7,200.38</u>	<u>30,004.55</u>
Gym Study expenditure:		
Cost of study	-	3,334.00
	<u>-</u>	<u>3,334.00</u>
Active Therapies expenditure:		
Prize for logo design	-	50.00
	<u>-</u>	<u>50.00</u>
Fundraising expenses	318.72	35.25
Postage	199.88	199.11
Printing and stationery	204.49	208.46
Telephone	218.80	182.53
Travel	915.45	766.00
Subscriptions	37.00	77.00
Meeting expenses	164.86	191.75
Bank charges	-	20.00
Miscellaneous	170.18	35.00
Return of funds to Huntington's Association	330.00	-
Training and conference fees	-	73.00
Total expenditure	<u>10,009.76</u>	<u>45,953.99</u>
Surplus / (deficit) for the year	<u><u>2,420.75</u></u>	<u><u>(12,152.25)</u></u>

**West Berkshire Neurological Alliance
Balance Sheet as at 5th April 2009**

	2009	2008
Fixed assets	-	-
Current assets:		
Cash at bank - HSBC current account	5,450.00	450.00
Cash at bank - Nationwide current account	1,997.42	343.20
Cash at bank - Nationwide savings account	-	30,404.49
Cash at bank - CCLA savings account	<u>15,145.83</u>	<u>-</u>
Total current assets	22,593.25	31,197.69
Current liabilities:		
Creditors and prepaid income	<u>100.00</u>	<u>11,125.19</u>
Net current assets	22,493.25	20,072.50
Total assets	<u><u>22,493.25</u></u>	<u><u>20,072.50</u></u>
Reserves brought forward	20,072.50	32,224.75
Surplus / (deficit) for the year	2,420.75	(12,152.25)
Total reserves	<u><u>22,493.25</u></u>	<u><u>20,072.50</u></u>
 Allocation of reserves:		
Restricted funds:		
Active Therapies	5,450.00	450.00
Pain conference	<u>1,250.00</u>	<u>1,500.00</u>
	6,700.00	1,950.00
General fund	15,793.25	18,122.50
Total reserves	<u><u>22,493.25</u></u>	<u><u>20,072.50</u></u>

Prepared by David Woodhead FCA, Treasurer

23rd April 2009



Independent Examiner's Report on the Accounts

Section A		Independent Examiner's Report	
Report to the trustees/members of	Charity name	WEST BERKSHIRE NEUROLOGICAL ALLIANCE	
On accounts for the year ended	050409	Charity no (if any)	1081021
Set out on pages	1-3	<small>(remember to include the page numbers of additional sheets.)</small>	
Respective responsibilities of trustees and examiner	<p>The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.</p> <p>It is my responsibility to:</p> <ul style="list-style-type: none"> examine the accounts under section 43 of the 1993 Act, to follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act, and to state whether particular matters have come to my attention. 		
Basis of independent examiner's statement	<p>My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.</p>		
Independent examiner's statement	<p>In connection with my examination, no matter has come to my attention (other than that disclosed below):</p> <p>(1) which gives me reasonable cause to believe that in, any material respect, the requirements:</p> <ul style="list-style-type: none"> to keep accounting records in accordance with section 41 of the 1993 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act have not been met; or <p>(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.</p> <p><small>* Please delete the words in the brackets if they do not apply.</small></p>		
Signed		Date	4/6/09
Name	GARRY POULSON		
Relevant professional qualification(s) or body (if any)	Director of Volunteering Centre West Berkshire.		
Address	1 BOLTON PLACE NORTHBROOK STREET NEWBURY RG14 1AJ		

Chairman's Annual Report for 2009

This year is the tenth anniversary of the West Berkshire Neurological Alliance (WBNA) and I would like to begin by thanking all our members for their loyal support over the decade. WBNA was established by a far-sighted group of people who recognised the need for co-ordinated campaigning for improved services for people living with a neurological condition. Their vision was that better information and improved services can bring great benefits in quality of life for patients, and their carers, as well as reducing the need for acute stays in hospital. By co-ordinated working as an Alliance, representing a wide range of neurological conditions, our founders saw that there was greater likelihood our voices being heard. More practically, WBNA was able to work with others to raise funds to 'pump-prime' the post of specialist nurse for rare neurological conditions. The value of this post was demonstrated by a Strategic Health Service Award and is now permanent and funded by the Primary Care Trust.

Since the inception of WBNA much has changed and several reorganisations of health bodies have occurred. The Health and Social Care Act (2001) requires Health Authorities and Trusts to consult patients and the public on the provision and commissioning of services. The National Service Framework (NSF) for Long-Term Neurological Conditions with its 11 quality requirements was introduced in 2005. Most importantly, commissioning of services is now devolved to a local level, so WBNA has an even more important role to play as an informed and united third-sector partner.

Membership in 2009 increased and now consists of 23 charities and 14 individual members, covering some 28 neurological conditions. We are delighted to have the newly-formed Berkshire Dystonia Support Group join us. We are currently supporting the emergence of a new support group for those affected by brain tumours, the fifth support group we have helped into being since our inception. Our executive is currently 10 strong and has had a very busy year, particularly because of our fourth successful neurology conference in July. In 2009 we were gratified to be nominated for the Queen's Award for Voluntary Service by the Mayor of Newbury. Although we did not win a national award, some of us attended a reception at Windsor to receive a certificate from the Lord Lieutenant of Berkshire. During the year we have funded all our activities leaving our reserves healthy and able to support our forward plans.

The 2009 one-day conference, *Brains, Pains and Gains* on the management of pain was held at Arlington Arts. We are indebted to the sponsors: Greenham Common Trust, Berkshire West PCT, Newbury Town Council, The BG Trust and the British Polio fellowship for making the event possible. We were delighted to work with pain specialist Dr Stephen Allen, Neuro-Rehab consultant Professor Christine Collin and neuro-physiotherapist Penny Lilley in organising a superb programme, which attracted over 120

delegates with 12 speakers. The event including lunchtime 'taster' sessions for complementary therapies and was generally considered to be a success with very gratifying feedback from delegates. As part of the conference we carried out an internet-based Pain Survey to determine the unmet needs of people in Berkshire West who suffer from chronic pain. The results will be reported later in the meeting and shortly will be published on our website. These provide invaluable material to help us formulate our policy on provision of local pain services.

In December 2008, WBNA gave evidence to the Royal College of Physicians review on services for neurology patients. From this we have developed a position statement on local primary and secondary health services needed by people affected by a neurological condition in Berkshire West. This has been circulated to our member organisation for discussion and, when finalised, will be published. The committee has continued to represent your views and take an active part on advisory bodies, attending patient panels and PCT meetings. We continue to value our relationship with local professionals and are pleased that they continue to consult with us on a regular basis. We are represented on the Local Implementation Team concerned with implementing the NSF. WBNA continues to engage with representatives of patients in other regions working with Neurological Alliances in Buckinghamshire, Hampshire and Oxfordshire as the South Central Neurological Alliances Partnership. In this way we provide a patient voice at Strategic Health Authority level. Last year South Central Neuroscience Network was unilaterally disbanded and nothing has been put in its place, despite us pointing out to the Chief Executive that considerable savings can be made by the effective partnership working between patients and professionals. We are also playing our part in the national level Neurological Alliance with one of the committee serving as the Regional Neurological Alliance Trustee.

Progress continues to be made with the project for a Hydrotherapy Pool and Power-Assisted Gym for Newbury/Thatcham. The Board of the emerging Social Enterprise has issued a prospectus and 16 local groups have signed up their support. A business plan and legal constitution have been prepared and meetings with district planners and local developers are taking place.

Finally, it remains to thank our President and Patrons for their support during 2009 and our committee members for all their hard work.

David Roberts (Chairman)

10th September 2009